



Rtn. Stephanie A. Urchick
RI President

Rotary PRAGATHI ROTARY KASARAGOD

RI DISTRICT 3204, CHARTER NO. 22468
BULLETIN OCTOBER 2024 - EDITION



Rtn. Dr. Santhosh Sreedhar
District Governor

PRAGATHI BULLETIN

THE MAGIC OF ROTARY

2 PAGES

31-10-2024

PRESIDENT'S MESSAGE



"Gratitude and Giving: Embracing the Spirit of Thanksgiving"

Dear Fellow Rotarians,

As we enter the month of November, a time for reflection and gratitude, we are reminded of the importance of giving and thankfulness.

In many cultures, this time of year is celebrated with festivals and holidays that emphasize the value of gratitude, generosity, and community.

As Rotarians, we have much to be grateful for:

- ◆ The opportunity to serve others

- ◆ The fellowship of like-minded individuals
- ◆ The chance to make a positive impact in our communities
- ◆ This month, let's focus on embracing the spirit of Thanksgiving:
- ◆ Express gratitude to those who have supported our efforts
- ◆ Give back to our communities through volunteer service
- ◆ Reflect on the blessings we've received and share them with others

Upcoming Events:

- ◆ District Conference (January 24-26)

Call to Action:

- ◆ Invite a friend to join our Rotary family
- ◆ Share your Rotary story on social media using #Rotary Story
- ◆ Participate in our community service projects

Quote of the Month:

"Gratitude unlocks the fullness of life. It turns what we have into enough, and more." - Melody Beattie

Thank you for your dedication to our Rotary club. Let's continue to serve with gratitude and generosity.

Best regards,
Rtn Dr. B Narayana Naik
President

Rtn Dr. Jyothi.S
First Lady
Rotary Kasaragod

Dear Fellow Rotarians,

It gives me great pleasure to connect with you through the October edition of our club bulletin, PRAGATHI, as we progress through this Rotary year.

Under the dynamic leadership of our President, Rtn. Dr. Narayana Naik, and his committed team, our club has undertaken numerous impactful initiatives that truly serve the community and touch the lives of many. These accomplishments stand as a testament to his dedication and unwavering passion for making a difference. His guidance continues to inspire us all to aim higher and achieve more.

I would also like to express my heartfelt gratitude to our Bulletin Editor, Rtn. Gokul Chandrababu, for his exceptional work in bringing this edition to life. His creative vision and dedication have beautifully captured the spirit of our club and its efforts.

In this edition, you will find highlights of the significant projects completed in July

SECRETARY'S MESSAGE



Rtn. Hariprasad K.
Secretary

2024. These initiatives reflect our collective drive to bring about meaningful change. Let us continue to channel this energy and commitment as we work toward even greater milestones for our community.

Thank you all for your continued support and enthusiasm. Together, we can accomplish incredible things.

Warm regards,
Rtn. Hariprasad K., Secretary

Dear Rotarians and Friends,

With immense pride, I present the fourth edition of the Rotary Kasaragod Bulletin, Pragathi. This platform reflects the dedication of our members in uplifting the community and upholding Rotary's values.

My heartfelt congratulations to our President, Rtn. Dr. Narayana Naik, Secretary, Rtn. Hariprasad, and their team for their exceptional achievements over the past four months. Their work exemplifies Rotary's mission and drive for meaningful change.

Our projects have created a positive impact while strengthening our bond as a Rotary family. Let us continue to collaborate and

work towards even greater milestones in the future.

A special thanks to the members and families of Rotary Kasaragod for their invaluable support in bringing out this edition beautifully. I look forward to your contributions for upcoming issues.

Thank you for your unwavering commitment to the Rotary spirit.

Warm regards,
Rtn. Gokul Chandrababu



Rtn. Gokul Chandrababu
Editor



Deepavali Gifts Donated to Mr Sundara an Orphan at GH Kasaragod



Deepavali gifts Distributed to Kutumbasri workers of GH Kasaragod Sponsored by GGR Rtn MPHF Dr Janardhana Naik CH



Rotary club Kasaragod In Association with IMA Kasaragod, IAP Kasaragod conducted Basic life support training to High School Students of BEM High school Kasaragod Tota



Rtn MPHF Dr Janardhana Naik Donated Digital BP Apparatus to blood bank Kasaragod



Rotary club Kasaragod In Association with IMA Kasaragod IAP Kasaragod WIMA Kasaragod and KFOG observed World Polio day on 24th October 2024 As Part of World Polio day



Rotary Charity RC Kasaragod Rtn Dr Sridhar Rao Handing over Financial Help of RC Kasaragod to Poor Family along with Rtn Muralidhar Kamath



General Check up held at TIALPS Pallam Kasaragod



Dental Check up conducted at TIALPS Pallam Kasaragod



Speech and Language evaluation done to TIALPS Pallam Kasaragod



Eye check up conducted at TIALPS Pallam Kasaragod

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?